

CLASS OBJECTIVES

The following class objectives have been developed based on the didactic courses taken by the student, as well as the required clinical experiences. The athletic training student should review the objectives for his/her level. The athletic training education program will assign students courses and clinical experiences with the following objectives in mind.

A. Freshman Level

1. The observational student will be familiar with the daily operations and maintenance related to the athletic training facility, and as described in this handbook.
2. The observation student will have an overall GPA of no less than 2.0 and a major GPA of at least 2.50 at the conclusion of fall semester.
3. The observational student will be able to take a proper injury history.
4. The observational student will be able to demonstrate a basic level of evaluation and assessment techniques on various parts of the body.
5. The observational student will understand record-keeping and perform this task competently, including computer record entry.
6. The observational student will understand what it means to be professional and demonstrate it by being punctual, appropriately dressed at all times, and displaying a positive attitude.
7. The observational student will understand and be able to demonstrate basic taping principles.
8. The observational student will assist in set-up and preparation of practice and home event coverage as assigned.
9. The freshman/"rookie" athletic training observational student is primarily in an observational role; he/she is not permitted to perform athletic training duties such as taping, injury assessment, treatment, rehabilitation techniques, etc. on the athletes.
10. The freshman observational student will obtain certification in CPR, First Aid and AED
11. The observational student will have a basic understanding of therapeutic modalities in the following ways:
 - a. Indications
 - b. Contraindications
 - c. Set-up
12. The observational student will have a basic understanding of therapeutic exercise and rehabilitation.

B. Sophomore Level

1. The ATS will be able to demonstrate a working knowledge of injury evaluation.
2. The ATS will have a working knowledge of the computer injury reporting system.
3. As a sophomore, the athletic training ATS will be able to guide freshman with respect to standard operating procedure.
4. The ATS will develop an understanding of injury treatment and its implementation.
5. The ATS will be encouraged to join the NATA by the end of his/her second year.
6. The ATS will understand the role of the Primary Care Sports Medicine Physician and the athletic trainer's role within the physician's office setting through direct observation and interaction.
7. The ATS will understand the role of the team physician within the sports medicine team.

8. The ATS will have a basic understanding of athletic training coverage of an athletic team including such things as:
 - a. Practice and event preparation
 - b. Injury reports
 - c. Appropriate communication
 - d. Understanding of the emergency action plan
9. The ATS will understand the role of the first aider.
10. The ATS is required to maintain First Aid, CPR and AED certification.

C. Junior Level

1. The ATS will have an understanding of the injury referral system.
2. The ATS will have a working knowledge of the athletic trainer/coach line of communication.
3. The ATS is responsible for mentoring and peer reviewing of underclassmen where appropriate.
4. The ATS will demonstrate basic competence through athletic training coverage of an athletic team.
5. The ATS will develop an understanding of injury rehabilitation and its implementation.
6. The ATS have a resume completed by the end of his/her third year.
7. The ATS will understand the role of the athletic trainer within the clinical rehabilitation setting through direct observation and interaction.
8. The ATS is required to maintain First Aid, CPR and AED certification.

D. Senior Level

1. The ATS will present a positive role model to the underclassmen.
2. The ATS will have an updated resume completed by the end of the fall semester.
3. The ATS is responsible for mentoring and peer reviewing of underclassmen where appropriate.
4. The ATS will be able to design and implement a rehabilitation program.
5. The ATS will be able to design and implement a basic strength and conditioning program.
6. The ATS will understand basic principles of budgeting an athletic training program and its administration.
7. The ATS will demonstrate leadership qualities.
8. The ATS will have completed the requirements for BOC certification.
9. Develop an understanding of a comprehensive athletic training program.
10. Develop an understanding of the different employment opportunities and settings within the profession of athletic training.
11. The ATS will understand the role of the orthopedic surgeon and the athletic trainer's role within the medial setting through direct observation and interaction.
12. The ATS will understand the role of the primary care physician and be exposed to a variety of general medical conditions through direct observation and interaction.
13. The ATS will understand the role of the emergency medical facility and personnel.
14. The ATS is required to maintain First Aid, CPR and AED certification.